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Chart # _____

Name: _____

Date: _____

IMPORTANT DRUG INFORMATION FOR ALLERGY PATIENTS WHAT YOU NEED TO KNOW ABOUT BETA-BLOCKER MEDICATION

What are Beta-blockers? Beta blockers are medications commonly prescribed for high blood pressure or heart conditions and for control of migraine, glaucoma, and tremors.

(Brand names are in parentheses):

Acebutolol (Sectral)	Labetalol	Nadol/Bendrofluenetazide
Atenolol	(Normodyne, Trandate)	(Corzide)
(Tenoretic, Tenormin)	Levobetaxolol (Betaxon)	Nebivolol (Bystolic)
Betaxolol	Levobunolol (Betagan)	Propranolol
(Betoptic, Kerlone)	Mtpranolol (OptiPranolol)	(Inderal, Inderide, InnoPran)
Bisoprolol	Metoprolol	Sotalol (Betapace, Sorine)
(Zebeta, Ziac)	(Dutoprol, Lopressor, Toprol)	Timolol (Betimol, Istalol,
Carteolol (Cartrol, Ocupress)	Penbutolol (Levatol)	Blocadren, Timoptic, Timolide)
Carvedilol (Coreg, Coreg CR)	Pindolol (Visken)	Other: _____
Esmolol (Brevibloc)	Nadolol (Corgard)	

Why are Beta-blockers important to allergy patients? Beta-blockers can make allergy symptoms worse: nasal congestion, asthma, and allergic bronchitis are especially likely to be worsened. Second, Beta-blockers may increase the risk of serious allergic reactions, such as reactions to insect stings or allergy treatments. Finally, Beta-blockers may make medical treatment of serious allergic reactions more difficult. Beta blockers may interfere with medications such as epinephrine that are normally relied upon for the emergency treatment of severe, life-threatening reactions to an allergy test or injection.

What if you are taking Beta-blockers? Talk with your primary medical doctor who prescribed the medicine, and with our office. If good alternatives are available, a change in medicines will usually be recommended. Change in your allergy treatments may also be recommended. **DO NOT STOP TAKING YOUR BETA-BLOCKER WITHOUT TALKING TO YOUR MEDICAL DOCTOR.** Stopping these medicines without specific instructions from your medical doctor is not safe.

Remember that communication by each patient with their nurses and doctor is a vital part in effective, safe allergy treatment, so be sure to see your doctor at least twice yearly to review your progress and to discuss any new treatments that have become available since your last visit. If your medications or medical condition changes, do not wait for a routine appointment but discuss this with our allergy nurses so that your records can be updated.

I have read and understand this notice about Beta-blocker medicines.

___ I am currently **not taking** any beta blockers. Signed: _____

___ I am currently **taking** a beta blocker: _____.

Prior to testing: Last taken: _____

I choose at this time to continue the beta-blocking agent while undergoing allergy testing or treatment and accept the possible risks as outlined to me above.

NAME: _____